

**Wadhurst Medical Group**  
**(Incorporating Belmont & Ticehurst Surgeries)**  
**St James's Square Wadhurst TN5 6BJ**

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**www.wadhurstmedicalgroup.co.uk**

**High Weald Lewes and Havens CCG**

Title Given Name Surname  
Home Full Address (stacked)

Dear Title Given Name

**Re: Title Given Name Surname DOB: Date of Birth**  
**NHS Number: NHS Number**

Further to your recent request for travel vaccinations, we would be grateful if you could complete the Travel Risk Assessment form enclosed. The completed form must be returned to the Surgery no later than 5 days ahead of your appointment, this can be by hand or scanned in and e-mailed to [hwlhccg.belmont@nhs.net](mailto:hwlhccg.belmont@nhs.net) this ensures that our Practice Nurses have all the correct information to hand.

Please note we reserve the right to refuse travel vaccinations if sufficient information is not provided.

Should you have any queries in the meantime, please do not hesitate to contact us.

Yours sincerely,

**Julia Dann | Lead Nurse**  
Wadhurst Medical Group

**Wadhurst Medical Group**  
**Travel Risk Assessment Form and Information**

**To be completed for each traveller before travel appointment**

**Please note** that only vaccines available on the NHS are given by the Practice all private vaccines must be obtained at a travel clinic. Malaria medication is not available on the NHS but private prescription can be arranged if needed.

<b>Name:</b>		<b>Date of Birth:</b>	
<b>E-mail Address:</b>		<b>Telephone Number:</b>	
<b>Date of Departure:</b>		<b>Mobile Number:</b>	
		<b>Total length of trip:</b>	

<b>Countries to be Visited:</b>	<b>Exact Location or Region:</b>	<b>City or Rural</b>	<b>Length of Stay</b>
1.			
2.			
3.			
4.			
5.			

<b>Do you have travel insurance?</b>	Yes <input type="checkbox"/> No <input type="checkbox"/>
<b>Do you plan to travel abroad again in the future?</b>	Yes <input type="checkbox"/> No <input type="checkbox"/>
<b>Type of Trip (tick all that apply):</b>	
Holiday <input type="checkbox"/> Business Trip <input type="checkbox"/> Gap Year Trip <input type="checkbox"/> Volunteer Work <input type="checkbox"/> Healthcare Worker <input type="checkbox"/> Staying in Hotel/Villa/Apartment/Resort <input type="checkbox"/> Medical Tourism <input type="checkbox"/> Visiting / Friends / Family <input type="checkbox"/>	Cruise Ship Trip <input type="checkbox"/> Safari <input type="checkbox"/> Pilgrimage <input type="checkbox"/> Backpacking <input type="checkbox"/> Camping / Hostels <input type="checkbox"/> Adventure <input type="checkbox"/> Diving <input type="checkbox"/> Other <input type="checkbox"/> Please state.....

<b>Your Current and Past Medical History – Please tick all that apply</b>	
Heart disease / angina	Yes <input type="checkbox"/> No <input type="checkbox"/>
High blood pressure	Yes <input type="checkbox"/> No <input type="checkbox"/>
Diabetes	Yes <input type="checkbox"/> No <input type="checkbox"/>
Lung disease	Yes <input type="checkbox"/> No <input type="checkbox"/>
Epilepsy	Yes <input type="checkbox"/> No <input type="checkbox"/>
Liver or kidney disease	Yes <input type="checkbox"/> No <input type="checkbox"/>
Bleeding / clotting disorder	Yes <input type="checkbox"/> No <input type="checkbox"/>

FORM 7 – Travel Risk Assessment

Anaemia	Yes <input type="checkbox"/> No <input type="checkbox"/>
Disorders affecting your bowel or stomach	Yes <input type="checkbox"/> No <input type="checkbox"/>
Surgery particularly anything involving your spleen, thymus or open heart surgery	Yes <input type="checkbox"/> No <input type="checkbox"/>
Recent chemotherapy / radiotherapy (in the last 12months)	Yes <input type="checkbox"/> No <input type="checkbox"/>
Organ transplant	Yes <input type="checkbox"/> No <input type="checkbox"/>
Conditions which may lower your immune system	Yes <input type="checkbox"/> No <input type="checkbox"/>
HIV/AIDS	Yes <input type="checkbox"/> No <input type="checkbox"/>
Disorders of your nervous system	Yes <input type="checkbox"/> No <input type="checkbox"/>
Other spleen problems	Yes <input type="checkbox"/> No <input type="checkbox"/>
Are you under the care of a Rheumatologist	Yes <input type="checkbox"/> No <input type="checkbox"/>
Do you have now or in the past any mental health problems?	Yes <input type="checkbox"/> No <input type="checkbox"/>
Any other important information regarding your health not listed above:	Yes <input type="checkbox"/> No <input type="checkbox"/>
Do you have a tendency to faint with injections?	Yes <input type="checkbox"/> No <input type="checkbox"/>
<b>Family History</b>	
Any history of mental health problems in your family?	Yes <input type="checkbox"/> No <input type="checkbox"/>
<b>Women only</b>	
Are you pregnant?	Yes <input type="checkbox"/> No <input type="checkbox"/>
Are you currently breastfeeding?	Yes <input type="checkbox"/> No <input type="checkbox"/>
Are you currently using contraception? Please select any which apply	Pill / Coil / Implant / Injection / None
<b>Men and Women</b>	
Are you planning a pregnancy while you are away or shortly after your return?	Yes <input type="checkbox"/> No <input type="checkbox"/>
<b>Children</b>	
Is your child up to date with their UK childhood immunisations?	Yes <input type="checkbox"/> No <input type="checkbox"/> Unsure <input type="checkbox"/>
<b>Allergies / Reactions (Please tick all that apply)</b>	
Food allergies	Yes <input type="checkbox"/> No <input type="checkbox"/>
Latex allergy	Yes <input type="checkbox"/> No <input type="checkbox"/>
Allergy or Reactions to medicines?	Yes <input type="checkbox"/> No <input type="checkbox"/>
Allergy to vaccines? Yes <input type="checkbox"/> No <input type="checkbox"/>	
Please give details:.....	

FORM 7 – Travel Risk Assessment

<b>Medication</b>	
Are you taking any other medication which does not appear on your NHS repeat prescription list? Please give details?	
<b>Important Information</b>	
Please bring to your consultation any records you hold of vaccinations or malaria tablets you may have had recently or in the past.	
Please continue here with any further details if not space above:	